



Dear Family, Friends, Patients and Community,

WE honor and value your time. Therefore if you wish to unsubscribe, please do. However, we ask that you read this email in its entirety before doing so because the next chapter of our journey has a lot to do with each of us since we have crossed paths at some point!

Just a reminder of what we do...

Florida Balance Centers (FBC) /
Acupuncture and Integrative Medicine (AIM)

We specialize in Inner Ear Problems
(Vertigo, Dizziness, & Balance) & (Pain Management)



Insurance & Sliding Scale!

DON'T LET □ GET IN YOUR WAY OF HEALING!

Visit us at: Balancecenters.com

CALL ☐ TODAY TO GET MORE INFORMATION!
954.987.7077

WATCH ☐ our 3 part health series on how to avoid
Inner Ear and Pain Management problems
while moving towards
OPTIMAL HEALTH ☐

[CLICK HERE!](#)

Today let's learn about...



Tinnitus is a very interesting condition and many may not truly understand where it comes from and how to deal with it ☐

Here's a few things you may find interesting...

- Tinnitus can be caused by hearing damage from excessive exposure to loud noise over prolonged periods of time or an unexpected loud exposition causing severe damage to the inner ear.
- Tinnitus can be caused by a low grade virus or pathogen in the inner ear.
- Depending on the type of injury there may be a possibility for recovery using, *Acupuncture, Nutrition, and Supplements.*

How do I deal with this condition from a psychological or Emotional Intelligence (Ei) / Emotional Quotient (EQ) Perspective...

- **Acceptance** – Make friends with your condition! The more we resist something the more it will persist! 😊
- **Adaption** – Step into this new reality with hope and determination trusting that you can find solutions! Seek out trusted sources that had success resolving this condition *naturally* and *non-invasion* if possible. Do your due diligence, be cautious of misinformation! There is no magic pill! 😊
- **Action** – Take the appropriate actions to get the recovery you seek. Be coachable and apply the steps that are provided by your trusted source! ☐
- **Trust** – the process and be patient with yourself! Play attention to your results, if you are getting better without any negative side effects keep going! ☐

For more information check us out!!

- Balancecenters.com
- Online program WuziVertigo.com

Here's to healing! ☐

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We thank you for your loyalty and trust... We are here to serve when you need us!

When you know better, you do better, what you resist persist, and we learn by doing!

--Thomas Patullo, OTR, AP

When you know and understand yourself the world will know and understand you too, and remember, what's the best that can happen?

-- Alla Esther Levy, EIS, MSH



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