



Dear Family, Friends,
and Community,

I honor and value your time. Therefore if you wish to unsubscribe, please do. However, I ask that you read this email in its entirety before doing so because the next chapter of our journey has a lot to do with each of us since we have crossed paths at some point!

In my previous emails,
I shared that I have joined forces with...

*Florida Balance Centers (FBC) & Acupuncture
and Integrative Medicine (AIM)*

We specialize in Inner Ear Problems
(vertigo, dizziness, & balance) and (Pain Management)
check us out at -- Balancecenters.com

Here's a [FREE GIFT CLICK HERE](#)

Our 3 Part Health Series so you can get your
"CRAZY" under control from a **NUTRITIONAL
PERSPECTIVE** in **2023!**

**AFTERALL
EVERYTHING IS CONNECTED;
□MIND, □BODY, SPIRIT! □**

TODAY LET'S LEARN ANOTHER **EQ** TOOL...

"How to **Recognize and Manage OUR LEVEL OF CRAZY**" when dealing with "Technology And Nature, We Can Create Heaven On Earth"

- Technology like Nature can **bring us together**, so let's use it for good!
- Technology and Nature can help us stay **Present, Connected, and Grounded.**
- Technology and Nature... thank you **GOD, SPIRIT, UNIVERSE, ETC...** for helping make all this happen so we can choose to **CREATE HEAVEN ON EARTH!**



SPEAKING OF NATURE...

SMILE...



**YOU ARE
ENTERING THE
"RECOVERY" ZONE!!**



**THE HEALING CORNER
with
TOM and ESTHER**



sponsored
by

**FLORIDA BALANCE CENTERS
&
THE **Ei-EQ** INSTITUTE**



If you are like us and love to learn, connect, and play. Please join us as we start our:

MONTHLY BIRTHDAY SERIES!!

***** JOIN OUR MEETUP AND RSVP HERE*****

OR

*****RSVP HERE ON FACEBOOK*****

**"MARCH BIRTHDAYS CELEBRATION WHILE GAINING
LIFE SKILLS..."**

If you are a March baby, or know someone who is, or you just want to learn, connect and enjoy community;

We invite you to come celebrate with us this very interesting Zodic sign and learn **"HOW HUMOR CAN HELP US WITH OUR LEVEL OF CRAZY** from Esther's upcoming book:

Recognize and Manage "YOUR LEVEL OF CRAZY"

What should I bring??

- Bring a folding chair, yoga mate, etc... something to seat on.
 - Bring your favorite snack to share or just for yourself, greedy lol...
 - Bring an OPEN MIND to learn skills that can help deal with life's wins and losses, as we practice recognizing and managing ***OUR LEVEL OF CRAZY!***
 - Please only RSVP if you are serious in attending. It's ok to change your mind just please change the RSVP so we don't waste time waiting for you!
 - DATE: MARCH 9TH
 - TIME: 630PM-8PM
 - **YOU MUST ENTER 3884 SHERIDAN INTO GPS TO ARRIVE AT OUR LOCATION WITHOUT DELAY**
-



GUESS WHO'S A MARCH BABY??

SO COME CELEBRATE WITH US!



"When you know and understand yourself, the whole world will know and understand you too, and remember, what's the best that can happen?" -Alla Esther Levy

**ALLA ESTHER LEVY,
EMOTIONAL INTELLIGENCE SPECIALIST, EIS
INTERFAITH REVEREND, Rev.**

Learn. Transform. Impact.

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